



COSMETIC BRACES

An effective long-term solution to straightening your teeth and correcting your bite is orthodontics. Orthodontics is a subspecialty area in dentistry that focuses on aligning and straightening teeth using wires and brackets, applying gentle pressure to the teeth to move them into a particular position. The discipline has advanced over decades and today treatment is a lot faster and more comfortable than it was in the past. Here is an overview of orthodontics:

1. Patients who have problems with their bite and the way their top and bottom teeth line up against each other are good candidates for orthodontic treatment.
2. Impressions, photos and x-rays are taken at the start of treatment to determine the course of action.
3. Brackets are bonded to individual teeth and wires clip onto them that gently guide the teeth into position over time.
4. Good oral hygiene habits are essential during treatment and regular visits are required for check-ups and adjustments.

Life Benefits

- Straighter teeth are healthier teeth, as there are no gaps for plaque to build up in over time.
- Having an attractive smile will have a positive effect on your confidence.
- Orthodontics is a long-term investment in your oral health.

→ Thanks to fixed permanent retention you can be assured that your teeth won't move after treatment is completed.

We provide the following Cosmetic Braces



C O S M E T I C
Tooth Alignment

OUR CLINICIAN

A safe pair of hands



Dr Marcus Spry BDS

Clinical Director

(GDC No. 60826)

Dr Marcus Spry BDS has spent many years practicing in Kent. He qualified from the Royal London Hospital Dental Institute in 1985 where he was also a clinical tutor. Marcus established Fresh Dental Care in 2008 with the vision of offering patients a refreshingly personal service. He designed the practice to be welcoming and friendly, a place where you can come to feel relaxed and cared for, as well as

confident that we will help you make the most of your appearance and overall wellbeing.

With a wealth of experience in general dentistry, Marcus is particularly interested in cosmetic dentistry, dental implants, Invisalign® (clear brace orthodontics) and facial aesthetics, having extensively trained in these areas.

Marcus is passionate about his job and providing the highest standards in modern dentistry, which means that he is constantly learning and developing his skills to stay abreast of the latest techniques and technology. With his warm and reassuring chair-side manner, Marcus chats easily to his patients, making them feel heard and understood, and has a deserved reputation as a safe pair of hands.



"Marcus talks me through the detail of the treatment he's about to do, having given me a run through the previous visit... I feel like I'm being treated professional and as an individual."

HOW TO FIND US

Fresh Dental Care

6 Tolherst Court
Turkey Mill, Maidstone
Kent ME14 5SF



Tel: 01622 761067

Email: info@freshdentalcare.co.uk



www.freshdentalcare.co.uk